

STRAIGHT FROM THE FLOCK

ACTIVE 20/30 CLUB OF PORTLAND #122 — SPRING 2015

GIVING HOPE AT RONALD MCDONALD HOUSE

Ronald McDonald House in East Portland, located near the Randall Children's Hospital at Legacy Emanuel, provides a home away from home for families with seriously ill children. This facility is able to accommodate 25 families per night.

Active efforts are put to good use by preparing brunch, lunch or dinners, performing miscellaneous cleaning tasks, and interacting with guests to help make their stay a bit more comfortable. Many guests are experiencing extreme financial and emotional hardship with their child or family member needing hospitalization. The RMH provides them with a safe, supportive place while they undergo treatment.



Please join us for our upcoming volunteer opportunity at RMH on April 26th as we prepare and serve dinner to guests. For additional info on this project as well as future projects, please contact AlyciaThibadeau2030@gmail.com.

CHILDREN'S BOOK BANK AFTER DARK

One of the Club's most rewarding ongoing volunteer activities is to help the Children's Book Bank (CBB) clean and prepare books for children in the community. The CBB strives to improve literacy skills of low-income children by providing them with books of their own before they enter Kindergarten.

Children living in poverty often enter Kindergarten lacking the fundamental skills critical for learning to read. Statistics show that a child from a low-income family enters first grade with an average of only 25 hours of one-to-one picture book reading, compared with 1,000 to 1,700 hours from a child coming from a typical middle-class home!

To combat this epidemic and increase literacy, the CBB relies solely on the help of volunteers to clean, repair, and organize books to be distributed. Knowing that we are making a significant difference in a child's early education is rewarding. The nostalgia that comes from looking through children's books is icing on the cake!

The CBB is always accepting new and well-preserved used children's books.



ACTIVE 20/30 CLUB OF PORTLAND

971-231-5184
Mailing Address:
18183 Upper Midhill Dr.
West Linn, OR

Portland2030@gmail.com
www.facebook.com/
Active2030ofPortland



"One never stands so tall as when kneeling to help a child."

Visit Us On The Web!
www.Portland2030.org

2014 - 2015 BOARD OF DIRECTORS & COMMITTEE CHAIR MEMBERS

President: John Fox
Past President: Alycia Thibadeau
President Elect: Matt Snyder
Treasurer: Matt Snyder & Alycia Thibadeau
Secretary: Dallas Smelley
Director: Erika White
Fundraising Chair: Dallas Smelley
Volunteer Chair: Alycia Thibadeau
Newsletter Chair: Erika White
Club Awards Chair: Matt Snyder
Past Active Liaison: Sam Snyder
Webpage Chair: Jonathan Ledbetter

PACKING FAMILY MEALS AT THE OFB

Activians gathered at the Oregon Food Bank's Beaverton location on March 24th from 6:00PM-8:30PM to repack perishable frozen food donations into family-sized portions for those in need. The OFB is largest distributor of food to families and individuals living with hunger. Last year, the OFB distributed an astounding 44.2-million pounds of food to hunger-relief agencies throughout the State of Oregon and SW Washington.

Even with the chilly temperature, members enjoyed packing hundreds of pounds of frozen vegetables knowing that the benefits for children and their families is priceless. Thank you to all of those who participated!



WHAT DOES THE FOX SAY?

"Portland is a wonderful community that provides so many opportunities to grow—personally, professionally and through service to others. The need to serve the welfare of our children is now. I feel fortunate to have served as President for the 2014-2015 term. The opportunity has allowed me a wonderful platform to strengthen my leadership skills while passionately serving others. I would personally like to thank our current members, partner organizations, and friends, who help us better serve the needs of our community and positively impact the lives of children. I further would like to acknowledge the important work being done by all Active 20/30 members in the U.S., Canada and internationally."

- President John Fox 2014-2015

"The best way to find yourself, is to lose yourself in the service of others" - Mahatma Gandhi.

VOLUNTEER & SOCIAL EVENTS

Please join us at one of our spring volunteer or social events!

- May 15th, Buzzsaw Ball at 6:00 PM (Eugene Club)
- May 26, Sorting Supplies at Northwest Children's Outreach 7:00 PM
- June 4, 2015 National Convention in San Francisco, CA
- June 18, 2015 Board Meeting and Elections for 2015-2016
- June 20, 2015 Annual Club Garage Sale Fundraiser
- July 11, 20/30 Club Hillsboro Hops Game (TBD)
- July 15, 2015 International Convention in San Salvador, El Salvador

Remember: The Active 20/30 Club of Portland meets the first Thursday at 7pm of each month for a general club social (locations TBD monthly) and on the third Thursday of each month for Board meetings. Board meetings take place at the Round Table Pizza on Barbur Blvd in Portland and begin at 7pm.

If you have a suggestion of a cause that needs our support, please email our volunteer chair, Alycia Thibadeau at AlyciaThibadeau2030@gmail.com.

